

Appendix 1

Early Help Information for Area Committee Meetings

Wards covered by the Early Help Team North 1: Bulwell, Bulwell Forest, Basford.

Date of Area Committee Meeting: 14th June

Leadership Team:

Acting Community Family Support Manager – Rachel Howard

Acting Assistant Community Family Support Manager – Maureen Scothern

Acting Early Support Specialist – Lisa Higgins

Locality Posts:

Play and Youth Specialist – Jacque Thomas

Early Learning Specialist – Naomi Skelton

Please note: Early Help Leadership Team North 2: Bestwood, Top Valley and Leen Valley

Julia Bramble (Acting Community Family Support Manager),

Simone Ellis (Assistant Community Family Support Manager),

Denise Bartorelli (Early Support Specialist),

Locality Specialists:

Manjit Sahota + Jacque Thomas (Play Youth Specialists),

Naomi Skelton (Early Learning Specialist)

Children's Centre delivery 2016/2017 - 8 open access sessions weekly plus 12 targeted interventions

Open Access sessions	Targeted Sessions
Stay, Play and Learn – Bulwell Forest (12 average attendance)	Me and My Child (average weekly attendance 7)
Sing and Wiggle with Rainbow Stripes (20 average attendance)	ESOL (average weekly attendance 9)
Messy Play –Bulwell CC (average attendance 8)	Arts and Crafts (average weekly attendance 7)
	FIRST AID (average attendance 10)
Baby and Me (20 average attendance)	Maths course (average weekly attendance 6)
Let's Get Moving (15 average attendance)	Beauty Course (average weekly attendance 7)
Watch Me Grow PEEP (12 average attendance)	Literacy Course (average weekly attendance 8)
Messy Play – Basford Library (25 average attendance)	Get Ready for Nursery – Cantrell Primary (average weekly attendance 10)
Community Café (28 average attendance)	Pathways to Nursery – Rufford Primary (average weekly attendance 4)
	Get Set for School – Crabtree Primary (average weekly attendance 6)
	Family Support Drop In – Bulwell CC (average weekly attendance 2)
	Family Support Drop In- Bulwell Forest CC (average weekly attendance 2)
	Family Support Drop In – Basford CC (average weekly attendance 2)
	Freedom (average weekly attendance 7)

There have been 21,389 child attendances at Early Help North team 1 Children's centre activities or sessions.

Services delivered by Early Help North Team 2

Open access.....

Monday - Bookworms @ Southglade Access Centre 10.00am-11.00am

Then on to Southglade Library 11.00am – 11.30am (average attendance 27)

Wednesday - Inbetweenies PEEP @ Southglade Access Centre 1.30pm-3.00pm (average attendance 27)

Thursday - Watch me Grow PEEP @ Southglade Access Centre 1.30pm – 3.00pm (average attendance 32)

Friday - Stay Play and Learn @ Southglade Access Centre 10:00am – 11:30am (average attendance 43)

Targeted.....

Monday - Chatter Matters @ Southglade Community Centre 1:00pm – 3:00 pm (average attendance 11)

Tuesday - Freedom Programme – different venues / times (average attendance 7)

Tuesday - ADHD support group @ Southglade Access Centre- Every 2nd Tuesday of the month 9:30am – 12.00pm (average attendance 9)

Wednesday - ASD support group @ Southglade Access Centre 9.30am – 11.00am

Runs Fortnightly (average attendance 14)

Thursday - Bitesize Parenting Workshops @ Southglade Access Centre 1.00pm – 3.00pm (average attendance 3)

Thursday - Volunteer training @ Southglade Access Centre 10:00am - 12:00pm (average attendance 6)

Friday - Me + My Child parenting Programme @ Bulwell Children's Centre 10.00am – 12.00 (average attendance 7)

3 Adult Learning sessions:

Monday – First Aid 9.30 – 12.00 (average attendance 10)

Monday – Introduction to Beauty – 12.30 – 2.30 (average attendance 10)

Wednesday- Returning to work Lone parents 1.00- 3.00 (average attendance 10)

Family Support Clinics

Monday – Southglade Access Centre 1.30pm – 3.30pm (average attendance 2)

Wednesday – Top Valley Children's Centre 1:00pm – 4:00pm (average attendance 2)

Friday - Southglade Access Centre 9.30am – 12.00pm (average attendance 2)

Evaluations / Compliments:

- Parents progress star scores increased
- Children's development tracking scores increased
- Targeted families are attending sessions / services (teen parents, Domestic abuse, children with disabilities, CIN, worklessness)
- Parents report they enjoy the PEEP session and a family has received additional 1:1 support as a result of attending the
- group
- Parenting programme- Parents who accessed the programme and completed the course commented that "the course has really helped them, made them feel confident and strong and coping better with their children". Parents have used strategies weekly, which
- All adult learners have provided progress stars for the course.
- The learners have completed evaluations and feedback has been extremely positive as below comments
- The tutor is good, treats everyone as individuals. The course is very helpful

- enjoyed learning, wants to progress
- Numeracy skills will help to find work. Interesting and easy to learn.
- I can help my child read now I understand the words
- I want to a good job; I will have English and maths certificate to help me.

Play and Youth Team: 1016/17 delivery: 11 sessions weekly

<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Heathfield Play - 3.30-5.30pm (average weekly attendance 20) 7- 9.00pm Heathfield Youth - 7-9pm (average weekly attendance 10) <i>(although these sessions had been planned for building issues prevented delivery during part of the year. Alternatives were offered to families)</i>	Riverside Play 3.30-5.30pm (average weekly attendance 20) Riverside Youth 7-9pm (average weekly attendance 40)	URC Play – 3.30-5.30pm (average weekly attendance 30) URC Youth – 7-9pm (average weekly attendance 8) Health Session - 3.30 -6.30 pm (average weekly attendance 12)	Bulwell Academy – 11.30am – 1.30pm (average weekly contacts 20) Riverside Play 3.30-5.30pm (average weekly attendance 20) Riverside Youth - 7-9pm (average weekly attendance 40)	Riverside Play 12 – 2pm (average weekly attendance 20)

Play sessions delivered by Early Help North Team 2

Wednesday - Ridge Play (Transitional) (average attendance 19)

Thursday – Ridge Play (average attendance 37)

Friday – Ridge Play (average attendance 38)

Saturday –Ridge Play (average attendance 17)

Youth Sessions

Wednesday – Ridge Youth (average attendance 11)

Thursday – Ridge Youth (average attendance 12)

Friday – Ridge Youth (average attendance 12)

Attendance: there has been a total of 7,591 attendances at play and youth session in Early Help Team North 1 during 2016/17.

4 Priority themed projects against Directorate Target:

- Active Participation
- Love my
- National youth work week – including a young achievers award ceremony

- Consulting with children and young people.

During these projects outcomes children and young people were encourage and supported to:

- Young people working together to build relationship and develop interpersonal skills
- Working partnership with Forest in the Community, to increase knowledge and skills
- keeping fit and healthy
- Young people having their say about services
- Creating positive environment projects
- CYP expressing themselves, positive relationships through various art forms
- CYP looking at Gender, health relationships , inequalities, how we treat each other
- Looking at Mindfulness,

Also a range of projects addressing local / current issues and interests including:

- Sexting,
- Drugs and alcohol,
- challenging negative images of young people and stereotypes through media ,
- Outdoor play,
- Music & Dance,
- Cancer awareness,
- Mindfulness
- Creative writing

2 City wide projects delivered

Healthy ME

The Play and Youth Teams hosted a fantastic 'Healthy Me' event for young people at the fabulous Harvey Hadden Sports Village. Over 120 young people from across the city attended and enjoyed the program of activities on offer these ranged from, basketball, swimming to Zumba. Teams watched the excitement from the young people who said they loved the event, Many wanted longer!!! and more activities, importantly they said they will be attending the Centre again in the future.

Celebration Event 7th April 2017

The event brought together 60 Young People and their Parent/ carer from across the city to celebrate their achievements during 2016/17. Held at the council house, Young People received certificates and trophies in acknowledgement for their achievements in themed project work, Youth Council and personal *achievements. Play and youth teams were also presented with a wall trophy related to City council competencies', which there were nominated from by the community family support manager. Early help north team 1 play and youth team were nominated for:*

Values the contribution of others - Encouraging high performance, effort and improvement through support and feedback. Valuing, respecting and recognising the contribution being made by our colleagues.

Last year, 67% of children and young people reported an improved understanding of issues addressed through themed projects as increased. The target was 65%.

Things to look out for:

- We are currently delivering a music project in Bulwell Riverside Recording Studio. To date 20 young people have engaged in this.
- Our new volunteer programme, recruiting to children centre and play and youth opportunities.
- Physical play session delivered at Bestwood Park Church on Monday afternoons. (N2)